

Help us look after carers in our communities.

Do you provide care for a family member or friend?

Are you **Black British, African, African Caribbean, Asian, Chinese, Eastern European** or from the **Traveller or Gypsy Community**?

If so we would like to speak to you to help make sure that we understand:

- Your life as a carer
- How you manage your caring role
- What helps you in your caring role
- What works well for you
- The things that you struggle with or find difficult



Tell us
by sharing
your views.

Find out how
overleaf.

Ways to tell us your views

- 1 Fill in an online survey at www.surveymonkey.com/s/bmecarers
- 2 Visit www.equinoxconsulting.net to download print and fill in the form
- 3 Attend a focus group by emailing survey@equinoxconsulting.net or calling Maxine James on 020 8680 5678 and leaving a message with your contact details

We are also looking for carers to speak to other carers they know.

Carers who agree to interview other carers they know, will be trained and paid.

For further information contact Maxine James

Call 020 8680 5678 and leave a message

Email survey@equinoxconsulting.net

Visit www.equinoxconsulting.net

This consultation is being delivered by Equinox Consulting on behalf of Gloucestershire County Council and NHS Gloucestershire Clinical Commissioning Group.

Focus Groups – Equinox will be organising the focus groups and will be in contact with stakeholders and current BAME carer support providers to set them up.